



SUMMER MENU 2020/2021 – Primary & Middle School

WEEK 1

Monday	Pasta with courgettes pesto – boiled eggs – green beans - fruit
Tuesday	Pasta with Bolognese sauce – mozzarella cheese – tomatoes - fruit
Wednesday	Pasta with vegetable ragù– tonnato– salad - fruit
Thursday	Vegetable soup – Pizza – carrot & corn salad - fruit
Friday	<u>MEXICAN MENU</u> : Plain rice– meat chili– green beans - fruit

WEEK 2

Monday	Saffron risotto – meatballs – peas- ice cream
Tuesday	Vegetable soup – ham & cheese piadina – salad - fruit
Wednesday	Parmesan risotto – breaded flounder – vegetable mix - fruit
Thursday	Pasta salad – omelette – spinach - fruit
Friday	<u>TURKISH MENU</u> : Lentil soup – meat kebab– Turkish salad- fruit

WEEK 3

Monday	Pasta with tomatoes and basil – fish nuggets–courgettes - fruit
Tuesday	Pasta with pea pesto – ham – salad- chocolate pudding
Wednesday	Ravioli with butter and sage – potato & vegetable flan – green beans - fruit
Thursday	Pasta Aurora (cream and tomato sauce) – roast veal – salad - fruit
Friday	<u>CHINESE MENU</u> : Cantonese rice –chicken with almonds-vegetable mix - fruit

WEEK 4

Monday	Pasta Amatriciana – Caprese - fruit
Tuesday	Pasta with pesto –roast chicken - courgettes - fruit
Wednesday	Gnocchi with tomato sauce – omelette– spinach - fruit
Thursday	Lasagne – ham – carrot salad - fruit
Friday	<u>USA MENU</u> : cheeseburger – chips- fruit