



CAMBRIDGE
International Examinations

Cambridge International School

EXTRA CURRICULAR ACTIVITIES

*CURRICULUM
BOOKLET*



**St.
Louis
School**



www.stlouisschool.com

EXTRA CURRICULAR ACTIVITIES

School Year 2021/22

St. Louis School is committed to providing a broad Extracurricular programme including sports, arts, music and learning activities for our pupils.

The club offer is the optimistic result of what we think it will be possible to activate next school year; we will follow protocols in order to make sure that the activities will take place in the safest possible way. A revision to take respectfully care of regulation will be consider in September following updated anti-covid norms.

Extracurricular activities help children develop socially, emotionally, physically and academically. They increase pupils' confidence levels and teach them responsibility and discipline. Initially they provide children with a 'taster' of an activity/sport linked to their interests and fine tune their skills which can help to develop hobbies.

These hobbies in turn can pave the way for their future goals, dreams, activities and in some cases, careers.

St. Louis School si impegna ad offrire ai propri studenti un programma di attività extracurricolari che includono attività sportive, artistiche, musicali e formative.

L'offerta dei club del prossimo anno è quanto ci aspettiamo si possa organizzare con una visione ottimistica rispetto alle attuali norme anti covid. Continueremo a seguire i protocolli per assicurarci che le attività si svolgano nel modo più sicuro possibile. Una revisione che tenga conto delle norme vigenti in settembre verrà effettuata prima dell'inizio dei corsi per continuare a svolgere le attività in totale sicurezza. Le attività extracurricolari aiutano i bambini a svilupparsi socialmente, emotivamente, fisicamente e accademicamente. Aumentano i livelli di confidenza degli alunni e insegnano loro responsabilità e disciplina. Inizialmente consentono ai bambini di praticare un'attività/sport di loro interesse e sviluppare le loro abilità come hobby. Hobby che, a loro volta, possono aprire la strada ai loro obiettivi futuri, sogni, attività e, in alcuni casi, carriere.



Timetable of Activities - Playtime

	Monday	Tuesday	Thursday	Friday
Rec.	Ballet	Artelier Judo	Artelier	Judo
Year 1	Artelier Judo	Ballet Multisport	Basketball Judo	Artelier Football
Year 2	Ballet Football Spanish Storytelling	Artelier Innovation Lab Judo Krav Maga Multisport	Artelier Basketball	Drama French Voice club
Year 3	Spanish Storytelling	Artelier Ballet Krav Maga Multisport	Artelier Basketball Chess Innovation Lab Judo	Drama Football French Judo Voice club
Year 4	Artelier Ballet Drama Football Spanish Sports leadership	Innovation lab Krav Maga Multisport	Chess Basketball	Artelier French Judo Voice club
Year 5	Artelier Innovation Lab Drama Football Spanish Sports leadership	Ballet Journalism Judo Krav Maga Multisport	Chess Basketball Innovation Lab School of Rock	Artelier French Voice club
Year 6	Artelier Drama Judo Sports leadership Spanish	Ballet Journalism Krav Maga Multisport	Basketball Chess Innovation Lab Mindfulness School of Rock	Artelier Football French Voice club

Timetable of Activities - Afterschool

	Monday	Tuesday	Thursday
Year 2	Judo		English Homework
Year 3	Judo		English Homework
Year 4	Break dance	Football LdP	Modern Dance
Year 5	Break dance	Football LdP Yoga	Modern Dance
Year 6	Break dance	English Homework Yoga	Modern Dance Football LdP

Primary School - Wednesday Afternoon

The activities will be organized from 14.00 until the end of the school day

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Artistic Gym Basketball Chinese	Artistic Gym Basketball Chinese Hip Hop Swimming	Artistic Gym Basketball Chinese Hip Hop Swimming	Artistic Gym Basketball Chinese Hip Hop Tennis Swimming	Artistic Gym Basketball Chinese Hip Hop Tennis Swimming	Artistic Gym Basketball Chinese Hip Hop Tennis Swimming

Middle School

	Monday (at 16.00)	Tuesday (at 16.00)	Thursday (at 16.00)
Year 7	Basketball STEM and Sustainability Volleyball	Krav Maga Modern Dance Photography	Hip Hop Football LdP School Band STEAM ASCSN
Year 8	Basketball Volleyball	I<3 Maths Krav Maga Modern Dance	Football LdP Graphics & Digital Design Hip Hop Public speaking and drama School Band
Year 9	Basketball Volleyball	Krav Maga Modern Dance	Hip Hop Football LdP School Band

Individual Music Lessons

Lessons, for Year 1 and upwards, take place on a one-to-one basis with an individual teacher and last for 30 minutes. There are many opportunities in the school calendar for students to perform, either in solo, chamber or group contexts. Pupils are selected on the basis of high attainment and this, in turn, is based on regular, daily practice. Each Spring, examiners from the Associated Board of the Royal Schools of Music (ABRSM), hold exams at our school.

Le lezioni individuali sono proposte a partire dalla classe di Year 1, durano 30 minuti l'una e si svolgono con un insegnante dedicato. Ci sono moltissime possibilità per gli studenti di esibirsi da soli, in musica da camera o in gruppo durante l'anno scolastico. Vengono selezionati sulla base di buone performance che si raggiungono solo con esercizio regolare. Ogni primavera, esaminatori dell'ABRSM (Associated Board of the Royal Schools of Music) organizzano sessioni d'esame presso la nostra sede.

Piano/Pianoforte

Guitar/Chitarra

Bass/Basso

Electric guitar/Chitarra elettrica

Trumpet/Tromba

Drums/Percussioni

Violin/Violino

Saxophone/Sassofono

Clarinet/Clarinetto

Voice/Canto